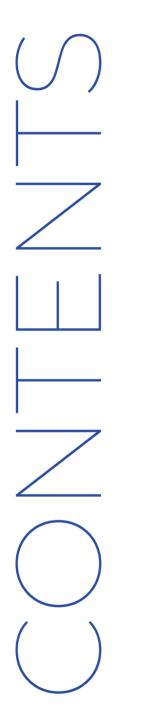
# Help One Child

Annual Report Fiscal Year 2022-23



### Table of Contents

L



**03.** Our Founders

**04.** Our Beginnings

**05.** Measuring Impact

06. Regional Highlights

**07.** Program Highlights

09. Finances

**10.** Fiscal Year 2022-23 At-A-Glance In 1993, Mark and JoAnne Morris founded Help One Child. They were pioneers, launching an organization to recruit and support foster families when there were less than a handful of organizations addressing the unique needs of foster families in existence nationally.

Help One Child strengthens families impacted by foster care and adoption.

We hope that you are encouraged as you look over these pages testifying to God's grace and provision for the ministry of Help One Child. Our program's impact is only possible through the generosity of people's time and talent.

Over this past fiscal year we saw more than 14,410 volunteer hours dedicated to the programs of HOC. There were 4,760 child beneficiaries and so much more to celebrate!

You will find program details (including financial costs) and testimonies in the pages that follow. Thank you for helping us serve our community and celebrate 30 years of existence!



HELP ONE CHILD | FISCAL YEAR 2022-23

# MESSAGE FROM OUR FOUNDERS

Mark and JoAnne were led to found HOC out of their own need and a desire to care for the vulnerable in their community. They stepped out in faith and were committed to finding a way for fostering to be sustainable for both them and others as they invited Christians to join them.



"The concept we had was just show these children Christ's love. We were recruiting Christian families who were doing it because they cared about children. The difference between our foster parents and the regular county foster parents was kind of like raising the standard for the county. And they told us that **our foster families lasted four times longer** than the normal ones. Our ministry is called Help One Child. We were not trying to solve the government's problem, but we can help one child maybe."

### OUR BEGINNINGS



'93

#### Family & Volunteer Recruitment

In our first year, Mark and JoAnne got a full dose of reality on how hard of an "ask" foster care can be. They began making pulpit appeals at churches and saw one family supported by 10 volunteers who stepped forward.

'99

#### **Cultivating Community**

In 1999, the first support group was launched with the assistance of therapists Linda Ikeda, RN, MFT, and Dr. Don Williams PsyD. This past fiscal year the program had over 350 caregiver attendees! In September 2023 we added two additional support group locations, Berkeley (Christ Church) and South San Jose (Westgate).

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#### **Educating Families**

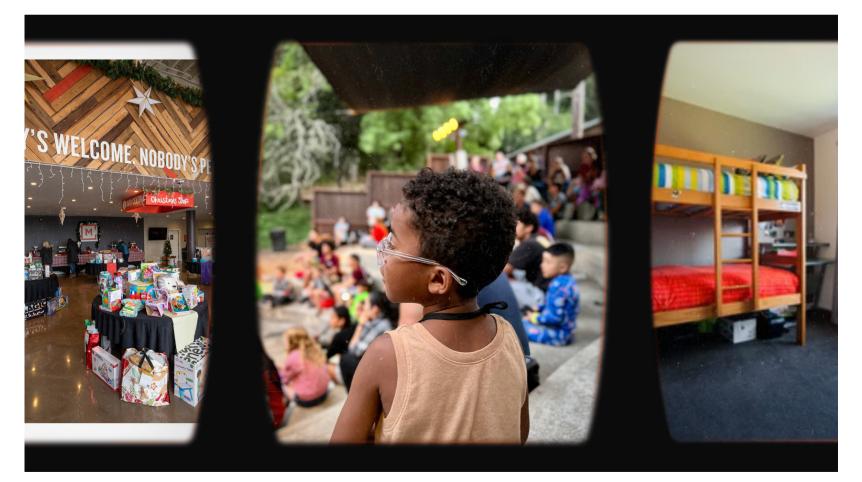
In 2000, our parent education efforts began. We realized that one of the most impactful ways we could support youth and their families was by providing much-needed education. Since 2008, we have hosted 127 trainings. In our Fiscal Year 2022-23 we hosted 13 parent trainings and had over 516 caregivers in attendance!

# MEASURING IMPACT

Help One Child is committed to our unique holistic approach, serving the full breadth of child welfare from prevention through emancipation or post-adoption.

By partnering with local churches and community agencies, we address the unique needs of foster, adoptive and vulnerable families, striving to positively impact the long-term health and stability for family preservation.

Foster Care is a complex subject, and measuring impact beyond program attendance can be a challenge. However, we are committed to ensuring our programs are aligned with our mission, relevant and necessary to those we serve, and effective.



# AROUND THE BAY

North

Bay

Fast

Bay

**& SF** 

South

Bay

Over this past fiscal year we performed two in-depth program analyses working with a committee of stakeholders. By taking the time to listen we can adapt and make a greater impact in the years to come. Here's a quick look at the regional highlights from around the Bay Area.

#### Over 950 Children Served!

Emma Caster joined the HOC team in FY 22-23 and we are thrilled to finally have a staffer serving that area. Another significant highlight was our Pastors' Breakfast with over 50 pastors in attendance.

#### Two Thriving Support Groups

And it's soon to be THREE! Between our support groups and parent education there were 350 caregiver beneficiaries this past FY. In addition, we showed 356 social workers in Contra Costa County our appreciation by providing breakfast!

#### Peninsula Nearly 1,000 Children Served

For two of the smallest counties in the Bay Area, we saw a significant number of youth served by CarePortal, Giving Tree, and our Support Groups.

#### 4,500 Volunteer Hours!

Santa Clara County remains our most active county with the largest number of church partners making an incredible impact. Most notably, for the first time, churches hosted Santa's Shops which became a beautiful way to grow community.

# MAKING CONNECTIONS



#### **Parent Support Groups**

A community of foster, adoptive and relative caregiver(s) formed families who are on a similar journey.

14 IN-PERSON GROUPS 6 VIRTUAL GROUPS 350 ADULT BENEFICIARIES 538 VOLUNTEER HOURS ANNUAL PROGRAM COSTS \$55,365

#### CAREPORTAL

CarePortal is a technology platform that brings social service agencies and church responders together to serve children and families touched by the child welfare system.

786 CHILD BENEFICIARIES 227 ADULT BENEFICIARIES 692 VOLUNTEER HOURS 43 CHURCH PARTNERS 1,102 CHURCH RESPONDERS ANNUAL PROGRAM COSTS \$145,235



The donation of a toddler bed is not just providing a place for a child to lay their head. It's much more than that. It's a message to that parent who has courageously left an abusive relationship, faced their pain in therapy, found work and housing, made it to numerous weekly mandated appointments, and has just reunified with their child. That message says, **"You are not alone. You're loved. We've got you."** *Sonoma County Social Worker* 

# CHANGING LIVES



#### Signs of Hope Camp

A sleep-away summer camp for children 7-12 years of age touched by foster care or adoption. Camp is held in the Santa Cruz Mountains.

#### 45 CHILD BENEFICIARIES 302 VOLUNTEER HOURS ANNUAL PROGRAM COSTS \$56,793

Signs of Hope camp provides an opportunity for 65 foster and adopted children to spend the last days of summer learning about God's love and grace along with other campers who have similar life stories. By providing a fun and safe environment, campers are able to make and strengthen their connections with other campers, counselors, and God.

Thank you, thank you, thank you, again. Our son had an amazing time and said that his counselors, especially Firefly, were the best he has ever had. That is saying much! You guys do an amazing job and we so need the respite it provides. *Adoptive Mom* 

#### **Giving Tree**

During the holiday season, we partner with churches and organizations to bring additional Christmas joy to children impacted by the foster care system.

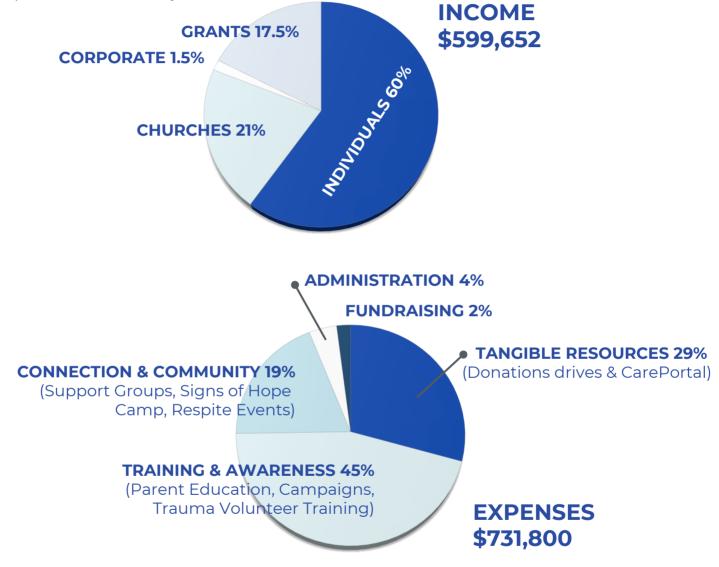
#### 2,995 CHILD BENEFICIARIES 3,000 VOLUNTEER OPPORTUNITIES 34 CHURCH PARTNERS ANNUAL PROGRAM COSTS \$21,830



Last year after a program analysis, we made a shift in the delivery of the gifts. In 2022, churches hosted Santa's Shops and welcomed social workers, parents, and foster parents to "shop" for their kiddos. This was a great way for the church community to not only give generously, but also to engage. It was during that same program analysis that we learned 84% of churches use Giving Tree as their largest or only awareness campaign involving foster care.

### **Finance Update**

For most of our 30 years of ministry, our work has primarily served Santa Clara and San Mateo Counties. We've never had an expansion plan, but God continues to open doors in new counties and calls us to follow. We have faith that our mission honors Him and that our programs are essential to fuel and uplift children, families, and communities that are hurting. As we carry this mission forward, your financial contribution will make Help One Child, the lifeline it is now, to more people in more places around the Bay Area.



Budgeted expenses were reduced in FY 2023-24 and recent special gifts have placed us in a position to have a net positive financial gain in our coming year. Union Presbyterian Church continues to generously provide HOC with free office space valuing at \$20,880! (Donated office space value excluded from totals)

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### FY 2022-23 At-A Glance

Consider this our highlight reel! It is a tremendous honor to get to partner with the churches and individuals who serve these remarkable families and youth. Every single dollar donated and every hour shared made an impact!





94%

\$0.94 of every dollar donated went directly to our programs in FY 2022-23!

### Meet our Team

STAFF Cristin Winn Reyes, Director of Education & Support Groups Danielle Gruba, South Bay Regional Manager Elizabeth Saravia, Administrative Support Emma Caster, North Bay Regional Manager Judy Holmes, Director of Family Services Katherine Tom, SF Regional Manager Leah Sutterlin, Peninsula Regional Manager Regina Khoo, Director of CarePortal & Communications Valerie Crane, Executive Director BOARD Amy Barberi, HR Specialist Jan-Yu Weng, Marketing & Strategy Specialist Jay Chesavage, Board Chair Leslie Zeisler, Staff Development & Coaching Steve Zeisler, Church Engagement Specialist

We thank you for your continued support in our mission to strengthen vulnerable families.

### CONTACT

#### HELP ONE CHILD

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