

# Replanted 2023 Simulcast Santa Rosa Conference Schedule

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## FRIDAY, OCTOBER 20

Childcare Drop Off: 9 am @ [Sandals Church](#) at 3595 Sonoma Ave Santa Rosa, CA 95405  
Conference Check in & Registration: 9 am - 9:20 am

Conference Location: New Vintage Church at 3300 Sonoma Avenue, Santa Rosa, CA 95405

General Session: 9:25 – 11:15 am (Conference simulcast starts promptly at 9:25 am)

***Pampering 11 am - 4pm: Lytle's Beauty college - <https://www.lytlesrebc.edu/> - make up, hair styles, hair cuts, simple manicures, etc.***

Featured Breakout #1: 11:30am – 12:30

### Trauma Free World

#### Trauma: Tools to Help You Be FOR Healing in Your Home

In order to care for our children well, we need to understand trauma and its effects on behavior. This session will provide an overview of trauma and tips for addressing challenging behaviors while also helping your child come to know they are seen, heard, and valued. Participants will walk away with practical parenting tools that will equip them to be FOR their children and FOR their healing.

***Pampering 1pm-5:30pm: Tonya - Chair Massage : <https://www.thesixfoundation.com/>***

#### **Lunch & Adoptive Parent Panel & Share (IN PERSON): 12:30 – 1:30pm**

#### **Panelists: Barbara and Paul Krukar with Jeff and Janet Johnson**

Please get your lunch and have a seat to listen to the panel, which will give us opportunities to share with a partner and discuss topics of milestones, highlights, challenges, joys, sources of support/strength and where we draw hope over lunch!

Featured Breakout #2: 1:30 – 2:30pm

### Cindy Lee MSW LSCW

#### Attachment: Being FOR It, Even When It's Hard

Attachment is the blueprint for how each of us engages in relationships with others. Trauma impacts our children's ability to foster healthy attachments with others and our attachment style is important as well. Understanding your attachment style and the attachment style of your child gives you tremendous insight into the dynamics of your relationship. Once this

knowledge is gained, effective strategies for deeper connection and respect can be implemented, helping us to be FOR attachment, even when it is hard. This session will focus on helping you understand the attachment style of you and your child, and discuss some strategies for potential change.

**OR**

Joy Kendall ( <https://fourthstreetchristiantherapists.com/>)

## Emotional Freedom Technique (EFT) IN PERSON Session

Come learn about EFT tapping, which is a mind-body method of tapping acupuncture points (acupoints) on the hands, face, and body with your fingertips while focusing on an issue or feeling you're hoping to resolve. This method may reduce stress and anxiety, improve performance, lessen cravings, and help resolve fears. It will reduce your stress from high need parenting for sure and can be done anytime by YOU at home! This is an interactive, engaging, and in person session!

Featured Breakout #3: 2:45 – 3:45 pm

Jason Johnson, Mike Gallagher, Justin Black, Daniela Coats & Derek Hamer

## Encouragement FOR the Journey: Panel Q&A

What is it like to be FOR every part of the process, every part of orphan care, every part of your families story, and every person in your children's story? This panel will bring a wealth of experience, knowledge, and faith to the table. How can we be FOR, the same way that our God is FOR us all and FOR every part of our journey? You will be both encouraged and challenged.

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General Session: 4:00 – 5:30 pm - See Replanted Program

## **SATURDAY, OCTOBER 21**

Childcare Drop Off: 8:30 am

Conference Check In Opens: 8:30 am

**9 am-2 pm- Pampering- Massage Therapy available - Offering a “menu” to choose either head, neck, hands, feet or face to be worked on for up to 30 mins per client**

General Session: 8:55 – 10:15am (simulcast starts promptly at 8:55 am) - see program details

Featured Breakout #4: 10:30 – 11:30am

**Cindy Lee, MSW LCSW**

### **Making Sense of Your Worth**

This session is designed to help people experience positive self-worth and secure attachment in relationships. Self-worth is a strong foundational component of who we are as humans and how we show up in the world. Our belief in our own value (or lack thereof) has huge implications in our personal and professional lives. Without awareness, our self-worth affects our behaviors, our relationships, our boundaries, our aspirations, our ability to lead, and, for some of us, our healing.

**OR**

**PriMerica Kingdom Minded Financial Advisors**

This session is offered in person and will help you get a small group advising session about how to explore managing your finances with a Kingdom minded perspective.

Lunch & Affinity Groups: 11:30am – 12:30pm

General Session: 12:30 – 2:00 pm - See Replanted Program

**Post-Conference Reception Dinner & Wine: 3:30 –6:00 pm**

*(Advance RSVP required and children welcome)*

Location: Hardister Family Home at 24130 Turkey Road, Sonoma, CA 95476

Questions? Email: [emma@helponechild.org](mailto:emma@helponechild.org)

What to expect? Mingling & Time for Connection, Dinner & Dessert, and Wine tasting

## **Pampering & Professional Services Schedule for IN PERSON**

### **Friday, Oct 20th**

**11 am- 4 pm Lytle's Beauty college**

Providing *make up, hair styles, hair cuts, and simple manicure services*

<https://www.lytlesrebc.edu/>

**1pm-5:30pm Chair Massage Therapist, Tonya**

Offering *chair massage sessions*

<https://www.thesixfoundation.com/>

**1:30-3:45 pm Joy Kendall**

Providing *Emotional Freedom Technique (EFT: tapping)* guided sessions as an optional breakout, in person

<https://fourthstreetchristiantherapists.com/> -

### **Saturday, Oct 21st**

**9 am - 2 pm Massage Therapist, Iva**

Offering a "menu" to choose either head, neck, hands, feet or face to be worked on for up to 30 mins per client

**10:30 - 11: 30 am PriMerica Kingdom Minded Financial Advisors**

Offering an optional, in person breakout session on Kingdom Minded Financial planning and advising in a group setting.