Resources for Families on

Fetal Alcohol Spectrum Disorders

Websites (there are many; these are favorites)

Proof Alliance (used to be Minnesota Organization on FASD)—has resources and info for educators, justice, families, advocates

[proofalliance.org](http://proofalliance.org)

NOFAS Northern California, good information, also is leading legislative change in California. [www.nofasnortherncalifornia.org](http://www.nofasnortherncalifornia.org) also has

Online Support Groups (Ongoing, on Facebook)

Parenting FASD Kids (just search on Facebook)

Parenting FASD Teens and Adults

FASD Caregiver Success (Jeff Noble) (all ages) https:// www.facebook.com/groups/FASDFOREVER

Online Support Groups (Monthly—<https://www.php.com/fetal-alcohol-> spectrum-disorder-fasd-support-group/

Parents Helping Parents FASD Support Group/younger kid

Parents Helping Parents FASD Support Group/older kids

Books

*Trying Differently, Not Harder,* Diane Malbin

*Making Sense of the Madness, and FASD Survival Guide,* Jeff Noble

*for in-depth scholarly material:*

Hagan JF, Balachova T, Bertrand J, Chasnoff I, Dang E, Fernandez-Baca D, Kable J, Kosofsky B, Senturias YN, Singh N, Sloane, M, Weitzman C, Zubler J, *on behalf of Neurobehavioral Disorder Associated With Prenatal Alcohol Exposure Workgroup (2016). American Academy of Pediatrics 10.1542/peds.2015-3113*

Videos

*6 Things* by Nate Sheets (9 minutes)

*Fetal Alcohol and the Law* by David Boulding (9 minutes)

*Why Typical May Not Work*  by Nathan Ory

*FASDs and Making Friends* by Ira Chasnoff (NTI Upstream)

Music

Peter Alsop, child psychologist and musician—a double album about sex and sexuality—humorous, straightforward, good boundaries and a posi tive approach to sex and its appropriate expression. http:///album/ songs-sex-and-sexuality-double-cd-album-

Further Training

FASCETS [www.fascets.org](http://www.fascets.org)

Nate Sheets [www.oregonbehavior.com](http://www.oregonbehavior.com)

Jeff Noble [www.fasdforever.com](http://www.fasdforever.com)

FASD-specific mental health

Families Moving Forward <https://depts.washington.edu/fmffasd/>

Eileen Devine, LCSW https://www.eileendevine.com/about-eileen

Handouts

8 Magic Keys—the classic skeleton of support and intervention. <http://hal> [tonfasd.ca/wp-content/uploads/2015/09/8-Magic-Keys-to-Supporting-](http://tonfasd.ca/wp-content/uploads/2015/09/8-Magic-Keys-to-Supporting-) FASD.pdf

Overlapping Characteristics—chart showing signs and symptoms of

FASD compared to several other conditions. A good one-page attention-

getter. <https://www.proofalliance.org/wp-content/uploads/2015/09/Overlapping-Characteristics-4-29-2016.pdf>