

## Directions

### North:

From 101 Southbound take 92 E toward Half Moon Bay  
Exit S on El Camino Real.  
Turn right at 24th Ave.  
Take the 2nd left onto Hacienda St.  
Take the 1st right onto W 25th Ave.

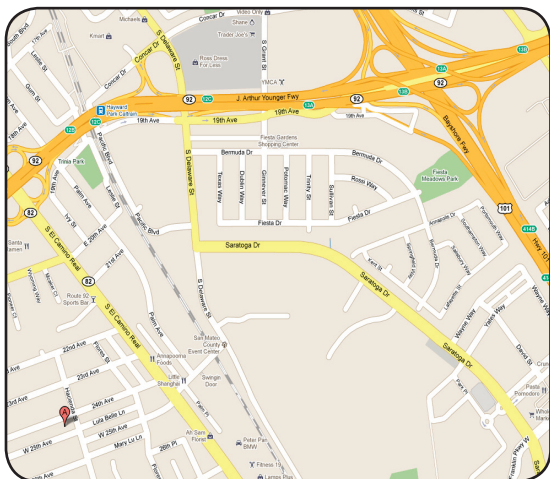
### South:

From 101 Northbound take 92 W toward Half Moon Bay  
Exit S on El Camino Real.  
Turn right at 24th Ave.  
Take the 2nd left onto Hacienda St.  
Take the 1st right onto W 25th Ave.

### First Presbyterian Church San Mateo

The Geneva Room  
194 W. 25th Avenue  
San Mateo, CA 94024  
(650) 917-1210

Street parking and adjacent lot.



## Facilitators

### GREG GALATI

Greg Galati, MFT, has been helping families and children as a licensed Marriage and Family Therapist for over 15 years. Since 2003, he has specialized in Family Attachment Therapy, helping adopted and foster children heal from early trauma, and guiding parents to make therapeutic responses to problem behaviors. He has trained extensively with Dr. Daniel Hughes, and specializes in both attachment-focused parent coaching and Dyadic Developmental Psychotherapy. He is a graduate of Santa Clara University and the Institute of Transpersonal Psychology, integrating the fields of psychology and spirituality.



### JANAKI TOMPKINS

Janaki Tompkins, a licensed Marriage and Family Therapist, has been practicing psychotherapy for the past 25 years. She works with individuals, couples, families, and provides clinical supervision and consultation to local non-profit agencies. Among her specialties are trauma and children resistant to attachment. Janaki is grateful to the work of Dan Hughes in the field of attachment and for the opportunity of studying with him. His model of Dyadic Developmental Psychotherapy is central to the work she does with foster and adoptive families. Janaki has a private practice in San Francisco.



## Parent Child Connection



858 University Ave.

Los Altos, CA 94024

650-917-1210

1-888-KID-HOPE

[www.HelpOneChild.org](http://www.HelpOneChild.org)

Email: [info@helponechild.org](mailto:info@helponechild.org)

... so that families can be preserved and children can heal

## History

The Parent Child Connection (PCC) was formed in 1999 in Los Altos under the direction of therapeutic professionals willing to donate their time to help parents raising children learn how to have healthier relationships, especially those raising children who have experienced early childhood trauma and/or foster care or adoption. In 2007, a second group opened in Morgan Hill, followed by a third expansion in 2011 in San Mateo.

## Support Group Participants

Most group participants have adopted, or are adopting, children from the foster care system or foreign orphanages. Parents receive training and help from therapists who specialize in Attachment Disorder and have an opportunity to build friendships with other parents who have similar challenges and objectives.



## Prayer Support

Participants of PCC are invited to call Help One Child's prayer hotline with special prayer requests.

## The Over-Arching Goal

The goal of parents who participate in the PCC is to help their children be "respectful, responsible, and fun to be around" so that they can have a bright future. By providing families with support and training, the PCC hopes to prevent adoptions from failing, eliminate moves that some foster children might have to make, and most importantly, help children heal.

## Special Parenting Classes

Every year parents are invited to attend special classes taught by professionals renowned for their work with attachment-challenged children. Structured childcare is offered to enable parents to focus on learning.

## Camp Connection

Members of the PCC may qualify to participate in a week-long camp sponsored by Help One Child. Designed to give parents techniques for addressing behaviors typical of foster and adoptive children, the camp can accommodate up to 18 families. For more information, please visit the program web site: [helponechild.org/trainings/campconnection/](http://helponechild.org/trainings/campconnection/).

## Library

A lending resource of video and audio tapes, and numerous books, offering education and training in dealing with Attachment Disorder and other parenting challenges, is available to members of the PCC. This no-cost lending library is maintained by Help One Child through various grants and donors.



We are here to provide peer support and educational and therapeutic resources for families who have children with challenging behaviors.

The Parent Child Connection meets the third Monday of every month from 6:30 to 8:30 PM in the Geneva Room at First Presbyterian Church of San Mateo beginning March 21, 2011. Cost: Donation only.

Structured childcare by trained caregivers is available in Room B100 by reservation only. Questions? Need to reserve childcare? Call 650-917-1210 or email [cathy@helponechild.org](mailto:cathy@helponechild.org)